

Injectables

DR SUHA KERSH

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Blink and you’ll miss her. The perennially elegant Kersh flits between her Chelsea Green clinic and her Jumeirah outpost in Dubai with alarming speed, artfully finessing the faces of her equally jet-setting clientele. However, she’s not just about aesthetics. ‘Regeneration is the forward trend,’ says Kersh, who operates in tandem with her husband and 23MD co-founder, Dr Martin Galy (see *Hormones*). ‘We’re now working in a way that supports the skin health at its foundation, rather than simply perfecting its external appearance.’ Her modus operandi is ‘treatment stacking’: strategically layering such energy-based procedures as EMFace’s skin-lifting with texture-refining radiofrequency microneedling, often underpinned by small amounts of hyaluronic acid, ‘but placed conservatively, and strategically’. And though Kersh is famed for her filler – her way with a cannula makes the face appear alive, energised and somehow miraculously lighter – she is strict about frequency, advocating treatment no more than every 12 to 18 months, with hydration-enhancing Profilllo and polynucleotides as support in the intervals. But the reason her ladies – big-name editors, fashion insiders and C-Suite executives – remain loyal isn’t just because of her needles. It’s because of how she makes them feel when they sink into her white leather armchair for a consultation where the vibe is more like catching up with an old friend. ‘The most important thing is that I get to know the patient sitting in front of me,’ she says. ‘Doing so enables me to bring an individual’s unique beauty and physical attributes out of the shadows and back into the spotlight.’
Polynucleotides from £750; filler from £750 (23md.co.uk).

