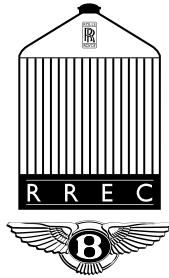


*120 Years of
Rolls-Royce*



Rolls Royce x 23MD Clinics
London and Dubai



120 Years of
Rolls-Royce
X
23MD Clinics

7.
*Radiant
living*

*BEAUTY AND
WELLBEING*



Beauty inside and out

Renowned clinic 23MD leads a holistic and innovative approach to medical aesthetics and wellness, redefining beauty from the inside out

“**W**e were one of the first to take a holistic approach to health and beauty,” says Dr Suha Kersh, co-founder of 23MD, the renowned clinic at the forefront of cosmetic medicine and wellness since 2015. Both she and her husband, Dr Martin Galy, an expert in bioidentical hormone replacement therapy (BHRT), have built a reputation for providing high-quality care to a discerning clientele, while staying true to their patient-first philosophy: listening closely to what they need and giving honest, transparent advice – always with the goal of helping them achieve the best outcome.

23MD’s flagship clinic is discreetly located in Chelsea, London, and has recently expanded to a stunning new location in Dubai. Dr Kersh and Dr Galy believe that beauty and wellness are inseparable. This belief inspired their 360-degree approach, combining aesthetic treatments with wellness and hormone optimisation to create beauty from the inside out. “This concept immediately resonated with people,” says Dr Galy. “We’ve seen a huge impact, and it’s been rewarding to help people feel and look their best.”

The 360-degree approach is about creating harmony between the inside and outside. 23MD believes that true beauty starts from feeling balanced and healthy within, which naturally shines through to someone’s appearance. By blending the art of cosmetic medicine with expert hormone optimisation, 23MD promotes physical health and beauty through holistic care, helping patients achieve hormone harmony and a radiant, confident look.

Dr Kersh is also celebrated for her “4D” approach, which views the face as a whole, rather than focusing on just one area. Her method is comprehensive and straightforward, assessing skin health, wrinkles, volume loss and overall wellbeing. Her goal is to restore patients’ confidence while preserving their natural features. “As a cosmetic doctor, it’s important to enhance someone’s natural beauty without changing the essence of who they are. I want my patients to feel refreshed and revitalised, not like they don’t recognise themselves after treatment.”

A pioneer in regenerative medicine, Dr Kersh focuses on natural, rejuvenating technologies that help restore and refresh; and her work in cellular regeneration has positioned 23MD as an industry leader. “It’s a journey of regenerative health,” she says. “We use treatments like Botox and fillers sparingly, only to refresh once a year, not to create something unnatural.”

Dr Galy’s expertise in BHRT has also earned him a stellar reputation; he is often referred to as “the hormone



whisperer”. Having started his career as a GP, he recognised that many common health issues were rooted in hormonal imbalances. At 23MD, he prescribes bioidentical hormones, which are chemically identical to human hormones, helping to restore natural balance safely. “One of the benefits of restoring hormonal balance is healthier skin,” he says. “Oestrogen plays a key role in collagen production. We’ve found that women on oestrogen treatments often require fewer cosmetic procedures. We were pioneers of this concept.”

23MD is committed to staying ahead of the curve, only offering treatments that genuinely work, rather than following industry trends. “Patient advocacy is at the core of everything we do,” says Dr Galy. Each patient receives a personalised treatment plan tailored to their unique needs, so they feel comfortable with every decision. By blending aesthetics with wellness, Dr Kersh and Dr Galy help their patients shine inside and out.

www.23md.co.uk

