



She wears jacket, £1,090; trousers, £495, both **VIVIENNE WESTWOOD**. Shirt, £1,140, **ALEXANDRE VAUTHIER**. Shoes, £570, **JENNIFER CHAMANDI**. Earrings, £45, **SUSAN CAPLAN**. Doctor wears clothes, as before. Shoes, £485, **CROCKET & JONES**

Injectables

DR SUHA KERSH

Elegant in caramel cashmere, Kersh is the secret behind many of the capital's most immaculately preserved faces. But before she snaps on her gloves, she wants to know what's bothering you: be it sagging, tiredness or an under-par complexion. Filler is her great love, and the 23MD co-founder uses it in wildly clever ways: to elevate a fallen lower-face, or perhaps to dampen muscular activity (for example, by preventing the depressors pulling down the corners of the mouth). Meanwhile, annual top-ups are maintained with Profilllo – 'Anecdotal, I find it has a tiny volumising effect' – unless she plumps for an entirely filler-free approach, explaining: 'Not everybody wants to be filled, and not everyone is suitable.' In these cases, a combination of muscle-lifting Ultherapy, skin-tightening Morpheus8 and medical-grade facials are worthy alternatives. However, it's not just the face that

benefits from her deft touch: 'Nowadays, the neck is the underdog,' says Kersh. 'So I use a cannula to subdermally smooth a solution of diluted Radiesse; and Profilllo is great at softening "necklace lines".' And when she's not seeing to the great and the good of Chelsea? You'll find Kersh in her 23MD outposts in Beirut and – soon – Dubai. *Filler from £650; Profilllo from £700; Radiesse from £650 (23MD.co.uk).*

DR ANNA MARIE OLSEN

Glamorous in custom McQueen, Greek-born Olsen clocks up some serious air miles. An expert in the field of longevity, the self-proclaimed aesthete's global clientele means that an average month will see her flitting from Athens to Gstaad, via London, to New York. More often than not, her patients are actually her friends, big names from the worlds of fashion, photography and art; and they trust her implicitly, whether she's administering her signature Injectable Concealer – a lightweight

combination of stem cells and brightening peptides, which illuminates shadowy sockets – or shaping a peachy derrière. (She's renowned for her flawless body filler, which creates a more youthful contour and often the illusion of a smaller waist.) 'My approach is all about exquisite maintenance,' explains Olsen. 'Those in my care sometimes see me twice a week, when we make miniscule adjustments to achieve the most understated, undetectable enhancements.' But it's not just designers and dignitaries whom she courts; Olsen is also wildly academic and can be found teaching the next generation of doctors at UCL and Leiden University in the Netherlands, as well as at conferences worldwide. Ever-sensitive to the social agenda of her patients, she's a stickler for post-procedural LED therapy to speed up healing, and prefers to inject with a non-traumatic needle ('so it's guaranteed you'll never bruise'). Catch her if you can. *Injectable Concealer, POA; body filler, POA (drolsenclinic.com).* ▷