



The Q&A

Starring... Dr Suha Kersh and Dr Martin Galy, the husband-and-wife aesthetic experts who are behind the 23MD specialist cosmetic and medical clinics in Chelsea and Beirut

How would you describe your current state of mind? *SK:* Curious and grateful. *MG:* Cool. **What trait do you appreciate in each other?** *SK:* Kindness, loyalty and unconditional love. *MG:* Loyalty. **Who rules your household?** *SK:* Everyone... it's supposed to be a democracy isn't it? *MG:* Suha. **Which of you has the last word?** *SK:* It's always a negotiation. *MG:* Suha – happy wife, happy life.

What is your favourite occupation? *SK:* I love what I do. I enjoy meeting my patients and doing wonderful work together. Mostly I appreciate seeing them happy and confident. I also love being in the sun and near the sea with my family. *MG:* My job. **Do you have any hidden talents?** *SK:* I'm too overt for hidden talents, but I love to cook. I'll keep the hidden ones hidden. *MG:* I make great biscotti and curries; I also have very big dreams.

What is the most glamorous aspect of your job? *SK:* My patients. I meet such special people every day with the most amazing stories and personalities. It is such a privilege to work with them and make a difference in a small way. *MG:* The lovely people we meet everyday. **What living person do you most admire?** *SK:* My parents, who were pioneers in their own world and had to make so many sacrifices for us to be where we are today. *MG:* My dad. **What is your greatest extravagance?** *SK:*

Time off with my family. *MG:* My cufflinks. **What ranks as the most glamorous event you've ever attended?** *SK:* The 50th Arabian Beach Party in Central London. *MG:* My friends 40th birthday Venetian Ball at the V&A Museum in London. **What are the most indispensable items in your handbag?** *SK:* My glasses, and some chocolates. *MG:* My keys. **What is the first thing you pack for a trip?** *SK:* My swimsuits. *MG:* My cufflinks.

What is the quality you most appreciate in a person? *SK:* Loyalty, honesty and humour. *MG:* Loyalty. **What is your most important work ethos?** *SK:* Patient Advocacy – always maintain an honest and transparent relationship with my patients. *MG:* Recognising the importance of every member of our team, including patients. **And the least?** *SK:* Disloyalty and self-importance. *MG:* Dishonesty. **What makes someone a life enhancer?** *SK:* Kindness support and vision. *MG:* Loyalty.

What are your own go-to aesthetic treatments? *SK:* Hydrafirm and Skinboosters for skin health and tightness. Fillers for a lift and contouring. *MG:* CoolSculpt for my neck – it made my neck size smaller and helped me stopped snoring.

What is the most important piece of

advice you like to give? *SK:* Rise above, always respond kindly, be visionary, push your boundaries. *MG:* Determination and resolve. **What is the best advice you've ever received?** *SK:* Slow down. *MG:* Determination and resolve. **Are you typical of your star signs?** *SK:* I am a cusp Libra and Scorpio so I could be the best or worst of both. *MG:* IDK. **What historical figure would you most like to have met?** *SK:* Steve Jobs. *MG:* Margaret Thatcher – I'd like to ask her about her ideas on Game Theory.

Name your five bucket-list places to visit? *SK:* River boating on the Amazon, Great-grandmotherhood... and anywhere with a beach. *MG:* Antarctica, the Moon. **Do you collect anything?** *SK:* There is only room for one collector in the house and that's Martin – he is the ultimate shopper and collector. *MG:* Cufflinks and hotel soaps. **Name your greatest achievement?** *SK:* Our 23 years of marriage and our three amazing children. I am also very proud of our fourth baby, 23MD. It's been such a wonderful journey. *MG:* My family. **In another life, what would you come back as?** *SK:* I would leave that to the universe to decide. *MG:* A dinosaur.

What's new for 2020? *SK & MG:* 23MD Beirut – a long time in the making but look out for our fully talented Lebanese team.



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