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VANITY FAIR

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# VF LONDON

FACE OFF

## Best Face Forward: The Top London Facials 2020

In need of silkier, shinier skin?  
Head to one of these clinics for a  
top treatment.

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Bettmann

## HYDRAFIRM FACIAL AT 23MD

**D**ancing between the aesthetic realms of medical and wellness, Dr Suha Kersh and Dr Martin Galy's 23MD is a clinic-cum-haven that you won't want to be discharged from. Topping their bill of treatments, Hydrafirm is the closest thing imaginable to a full-face valet. It's about as delightfully invasive as non-invasive treatments go and a must-try for those who prefer a little bit of "good pain" with their glowing gains. The treatment kicks off with a Hydrafacial which includes a mild Fire & Ice chemical peel, seriously satisfying extractions and targeted applications of hyaluronic acid and peptides. Once primed and prepped, radio frequencies are delivered to the skin to improve uneven appearance with an Elixir Ultra 360® machine that's worthy of its own Star Wars spin-off. Finally, the treatment is finished with Mesotherapy, whereby a juicy cocktail of vitamins, minerals and amino acids are delivered to the mesodermal layer of the skin with very fine injections. While sensitive enough to be incorporated into a regular skincare routine, the results of a one-off Hydrafirm treatment are jaw-dropping.