

# ELLE

May 2019

## NEVER *have* | EVER...



WE SENT TEAM ELLE TO TRIAL  
THE TREATMENTS ON EVERYONE'S LIPS  
(and FACES and BODIES...) TO FIND  
OUT IF THEY'RE REALLY WORTH THE HYPE

COMPILED BY SOPHIE BERESINER

COLLAGES BY ISABEL REITEMEYER

ELLE Beauty

### ...had FILLERS

by Jennifer George, Beauty Editor

**THE TREATMENT** Dermal fillers: injected fillers to add lost volume and re-contour the face.

**HOW ARE THE NERVES?** In my job, I'm pretty down for being pinned and prodded in the name of preening, so I'm raring to go. Studying my face in detail, Dr Kersh (who comes highly recommended and is beautifully natural looking; a pillow-faced practitioner is a big turn-off for me) suggests a little filler at the top of each cheek and some in my chin to balance out my profile and elevate the skin that's creating a 'jowly' look.

**WHAT DOES IT FEEL LIKE?** A needle containing a cannula (a thin tube through which the formula is inserted) punctures the skin, which doesn't really hurt apart from a pinch. Filler is then squeezed in through a different syringe, which is undeniably an odd sensation. Accompanied by a quiet 'pop-pop-pop' you can feel it smooching under your skin. Creepy. **HOW MUCH PAIN FOR THE GAIN?** 2/10 for pain, 7/10 for uncomfortable weirdness. I also have a slight (ok, big) wobble when the second insertion point leads to a lot of bleeding. Nothing to worry about – some people bleed more than others – and nothing some cotton wool, two Ferrero Rochers, a gallon of water and caillillming thoughts can't fix. The next attempt is problem free, as are the rest.

**WHAT ARE THE IMMEDIATE RESULTS?**

The bruising on my chin is quite angry ('I slipped while washing the dog,' I fib to one friend), but otherwise there are no telltale signs.

**WHAT ARE THE LASTING RESULTS AND HOW DO YOU FEEL?** My filler-ed face looks... like my old one, actually, but fresher and tighter.

More so than any facial could achieve, but subtle enough that my own mother would never know I'd gone under the needle (sorry, Mum). I'm particularly impressed with how the wedge of floppy skin that used to be under my chin is barely pinchable. Did I need fillers aged 32? No. But with these subtly brilliant results I'd definitely go for a top-up – bank balance allowing. *From £650 by Dr Suha Kersh at 23MD clinic; 23md.com*

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