

TATLER

ADDRESS BOOK

BEAUTY

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The best places to get a facial in London

by TATLER

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Signature Bespoke Facial at 23MD

Stepping inside 23MD feels like walking into a beach-chic boutique (thanks to the rows of extremely covetable sunglasses, imported direct from Mykonos). Actually, it's an aesthetics clinic, run by power medi-couple Dr Suha Kersh and Dr Martin Galy – and not only is it wonderfully discreet, but the treatments are top-notch. Aestheticians Sandra Rimsaite and Jutta Esite are a whizz when it comes to bespoke facials, and after carefully assessing what your skin needs that day, will devise a long-term treatment plan. Lacklustre complexion? They might recommend a Hydrafacial combined with mesotherapy (a super-serum of hyaluronic acid and vitamins, which is injected superficially and leaves skin aglow). Open pores? DermaPen (micro-needling) will help to refine texture and leaves things feeling velvety. Spider-veins around the nose? Not any more, thanks to their expert lasering. A few months down the line, and your face will be in the best shape of its life. Trust us.



