THE FOUNTAIN OF YOUTH

Most of us, when we look at our skin in the mirror, immediately zero in on its faults: crepiness under the eyes, lingering acne scars, lack of perkiness. We know that all the moisturiser in the world won’t bring skin back to life; it needs something to hydrate it from the inside—which, happily, is what Allergan have been busy developing. The people who brought us Botox and Juvederm have launched Volite. It’s not a filler, they say, it’s a ‘skin booster’. Which means hyaluronic acid (naturally occurring in the skin, it holds 1,000 times its weight in water) formulated in such a way that it doesn’t ‘volumise’ but ‘spreads’, feeding and watering as it goes. ‘It’s like turning on a tap beneath the skin,’ says Dr Suha Kersh at cosmetic clinic 23MD on Elystan Street. Volite can be applied via multiple injection points – though Dr Kersh prefers a cannula (a single injection site through which a needle is guided beneath the skin’s surface, sprinkling as it goes). This technique cuts treatment time in half and reduces the risk of bruising. You’re out in 20 minutes and no anaesthetic is needed (although you may want to take a couple of deep breaths). What’s more, not even your best friend will be able to tell. Until your skin becomes suddenly smoother and tangibly younger-looking. Three sessions, one month apart, and it should stay that way for up to nine months. (It also works a dream on necks and décolletages – so your cleavage can look just as good as your face.) FW

From £550. At 23MD, 23 Elystan Street, SW3 (23md.co.uk).