Fillers by Dr Suha Kersh at 23MD

review

Annabel Rivkin finds a doctor she can trust with the filler

I’ll get straight to it.

To my mind, the best cosmetic doctor working in London at the moment is Suha Kersh at 23MD in Chelsea. I know a great many women who have entrusted their faces to Dr Kersh’s care and not one of them looks ‘done’. A lot of these clinics have turned into ruthless, inject-by-numbers productions lines — one size fits all, which it doesn’t. That approach just leads to a homogenised death mask, which is not the dream.
The dream is to look well-rested, radiant — and Dr Kersh is a poster girl for her work. Yes she does Botox and she does it brilliantly, but her work with fillers is properly artful: a dot in the temple to subtly lift the corners of the mouth, for example. Who knew? A smidge in the side of the nose to just… soften.

A hydrating treatment administered through a cannula to flood the face with youthful peachiness.

Annabel Rivkin

We are rightly cautious about fillers. They can be disastrous and so much shame is piled upon the victims of lazy and greedy practitioners — ‘What has she done to her face?’ But Dr Kersh is a guardian. She will say no, go away, you don’t need this.

Injectables are addictive. It’s easy to believe, once you’ve dealt with one part of your face, that the rest desperately needs a renovation. Then you lose track of your face and that’s when the trouble really starts. Forget new treatments and tech and innovation and stuff you read about in magazines (ha!).

Find a doctor you can trust. Let me tell you this: Kersh is a (rather expensive) diamond.

Dr Suha Kersh at 23MD (23md.co.uk)