

# TOTAL BODY WORKED OUT

23MD is a cosmetic and medical clinic with a difference, offering a holistic approach based on science and cutting-edge technology

It's not often that you can describe a cosmetic clinic as an oasis of calm, but 23MD is no ordinary clinic. A tranquil boutique in the heart of Chelsea, your whole-body experience begins the minute you walk through the door and are greeted by Mediterranean hues and exquisite works of art.

Well known for its compassion and care towards patients, 23MD is an innovative breath of fresh air in the cosmetic industry. Led by star duo Dr Suha Kersh and Dr Martin Galy, this centre of excellence will look after you from top to toe.

## FACE VALUE

Forget lotions and potions. There exists a skincare phenomenon in human form – Dr Suha Kersh. The Baroness of beauty leaves no stone unturned when it comes to your face and body.

Taking a 4D approach, Dr Kersh assesses patients' needs from the outside, in. Combining state-of-the-art technology, including Ultherapy, CoolSculpting, mesotherapy and microneedling, with her first-rate skills and experience, Dr Kersh can fix fine lines, reduce skin laxity, plump cheeks and fight cellulite – all without leaving you looking like you've been 'done'. But, that's not all. A staunch believer in being healthy on the inside too, Dr Kersh ensures that any treatment plan takes this into consideration. With a growing (and glowing) legion of loyal clients – or fanbase, as they should be known – means you know she's doing something right. Especially when people can't even tell what that *something* is.

**“WE PRIDE OURSELVES ON TREATING EACH PERSON AS AN INDIVIDUAL WITH NEEDS THAT ARE SPECIFIC TO THEMSELVES.”**

## IT'S THE HORMONES

If your little black book doesn't have Dr Martin Galy's name in it, you've been missing out, big time. Not for eligible-suitor purposes, but as the master of all things endocrine.

Offering a truly personalised package, Dr Galy measures existing hormone levels before optimising them through replacement therapy. He uses bioidentical treatments to restore wellbeing, re-establish vitality and maintain health.

Ideal for those suffering through the menopause, andropause and other hormone-related issues, one visit to Dr Galy and we guarantee you'll only be flushing for the right reasons.

## TAKE ME TO THE WATER

There's a new facial in town offering incredible hydration and it goes by the name of Volite. Stopping short of a miracle, Volite utilises hyaluronic acid to improve the type and quality of the skin on your face, décolletage, and hands – all while protecting against free radicals.

For those seeking natural-looking results, Volite refreshes skin density, increases collagen production and rejuvenates for an all-over glow. The result is an extraordinary combination of luminosity, even skin tone, and a tightening and lifting effect that will turn back the clock.

With new equipment and procedures unique to Dr Kersh that decrease downtime, swelling and discomfort, you can return to being ladies who lunch almost immediately. The best part? Results can be seen straight away but also improve with time and can last for up to nine months. In fact, it's so effective that you can spend less time in the chair having top-up treatments and more time perfecting the story of how you discovered the legendary fountain of youth. It will probably surprise people to know that it's only in SW3.

For more information, please call 020 7078 0302 or visit [23md.co.uk](http://23md.co.uk)  
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