TOTAL BODY WORKED OUT

23MD is a cosmetic and medical clinic with a
difference, offering a holistic approach based on
science and cutting-edge technology.

It’s not often that you can describe a cosmetic clinic as an oasis of
calm, but 23MD is no ordinary clinic. A tranquil boutique in the heart of
Chelsea, your whole-body experience begins the minute you walk through the
door and are greeted by Mediterranean hues and exquisite works of art.

Well known for its compassion and care towards patients, 23MD is an
innovative breath of fresh air in the cosmetic industry. Led by star duo
Dr Suha Kersh and Dr Martin Galy, this centre of excellence will look after you
from top to toe.

FACE VALUE

Forget lotions and potions. There exists a skincare phenomenon in human
form – Dr Suha Kersh. The Baroness of beauty leaves no stone unturned when
it comes to your face and body.

Taking a 4D approach, Dr Kersh assesses patients’ needs from the
outside in. Combining state-of-the-art technology, including Liptherapy,
CoolSculpting, mesotherapy and microneedling, with her first-rate skills
and experience, Dr Kersh can fix fine lines, reduce skin laxity, plump cheeks
and fight cellulite—all without leaving you looking like you’ve been ‘done’.

But, that’s not all.

A staunch believer in being healthy on the inside too, Dr Kersh ensures
that any treatment plan takes this into consideration. With a

IT’S THE HORMONES

If your little black book doesn’t have
Dr Martin Galy’s name in it, you’ve been missing out, big time. Not for
eligible-suitor purposes, but as the
master of all things endocrine.

Offering a truly personalised package, Dr Galy measures
existing hormone levels before optimising them
through replacement therapy. He uses
bioidentical treatments to restore wellbeing,
re-establish vitality and
maintain health.

WE PRIDE Ourselves ON TREATING EACH PERSON AS AN INDIVIDUAL WITH NEEDS THAT ARE SPECIFIC TO THEMSELVES.

Ideal for those suffering through the menopause, andropause and other
hormone-related issues, one visit to
Dr Galy and we guarantee you’ll only
be flushing for the right reasons.

TAKING ME TO THE WATER

There’s a new facial in town offering incredible hydration and
it goes by the name of Volite. Stopping short of a
miracle, Volite utilises hyaluronic acid to improve the type
and quality of the skin on your face, décolletage, and
hands—all while protecting against free radicals.

For those seeking natural-looking results, Volite refreshes
skin density, increases collagen production and rejuvenates
for an all-over glow. The result is an extraordinary
combination of luminosity, even skin tone, and a tightening
and lifting effect that will turn back the clock.

With new equipment and procedures unique to Dr
Kersh that decrease downtime, swelling and discomfort,
you can return to being ladies who lunch almost immediately. The best part? Results can be seen straight
away but also improve with time and can last for up to
nine months. In fact, it’s so effective that you can spend
less time in the chair having top-ups treatments and
more time perfecting the story of how you discovered
the legendary fountain of youth. It will probably surprise
people to know that it’s only in SW3.